



Original Date: \_\_\_\_\_  
 Entered EMR \_\_\_\_\_  
 Reviewed by Provider \_\_\_\_\_

# PRIMARY HEALTH AND WELLNESS CENTERS HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential  
and will become part of your medical record.

Name (Last, First, M.I.): _____		<input type="checkbox"/> M <input type="checkbox"/> F	DOB: _____
Marital status: <input type="checkbox"/> Single <input type="checkbox"/> Partnered <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed			
Previous or referring doctor: _____		Date of last physical exam: _____	

### PERSONAL HEALTH HISTORY

Childhood illness: <input type="checkbox"/> Measles <input type="checkbox"/> Mumps <input type="checkbox"/> Rubella <input type="checkbox"/> Chickenpox <input type="checkbox"/> Rheumatic Fever <input type="checkbox"/> Polio			
Immunizations and dates:	<input type="checkbox"/> Tetanus	<input type="checkbox"/> Pneumonia	
	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Chickenpox	
	<input type="checkbox"/> Influenza	<input type="checkbox"/> MMR <i>Measles, Mumps, Rubella</i>	

List any medical problems that other doctors have diagnosed

**Surgeries**

Year	Reason	Hospital

**Other hospitalizations**

Year	Reason	Hospital

Have you ever had a blood transfusion?  Yes  No

*Please turn to next page*

**List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers**

Name the Drug	Strength	Frequency Taken

**Allergies to medications**

Name the Drug	Reaction You Had

**HEALTH HABITS AND PERSONAL SAFETY**

ALL QUESTIONS CONTAINED IN THIS QUESTIONNAIRE ARE OPTIONAL AND WILL BE KEPT STRICTLY CONFIDENTIAL

<b>Exercise</b>	<input type="checkbox"/> Sedentary (No exercise)		
	<input type="checkbox"/> Mild exercise (i.e., climb stairs, walk 3 blocks, golf)		
	<input type="checkbox"/> Occasional vigorous exercise (i.e., work or recreation, less than 4x/week for 30 min.)		
	<input type="checkbox"/> Regular vigorous exercise (i.e., work or recreation 4x/week for 30 minutes)		
<b>Diet</b>	Are you dieting?		<input type="checkbox"/> Yes <input type="checkbox"/> No
	If yes, are you on a physician prescribed medical diet?		<input type="checkbox"/> Yes <input type="checkbox"/> No
	# of meals you eat in an average day?		
	Rank salt intake	<input type="checkbox"/> Hi <input type="checkbox"/> Med <input type="checkbox"/> Low	
	Rank fat intake	<input type="checkbox"/> Hi <input type="checkbox"/> Med <input type="checkbox"/> Low	
<b>Caffeine</b>	<input type="checkbox"/> None <input type="checkbox"/> Coffee <input type="checkbox"/> Tea <input type="checkbox"/> Cola		
	# of cups/cans per day?		
<b>Alcohol</b>	Do you drink alcohol?		<input type="checkbox"/> Yes <input type="checkbox"/> No
	If yes, what kind?		
	How many drinks per week?		
	Are you concerned about the amount you drink?		<input type="checkbox"/> Yes <input type="checkbox"/> No
	Have you considered stopping?		<input type="checkbox"/> Yes <input type="checkbox"/> No
	Have you ever experienced blackouts?		<input type="checkbox"/> Yes <input type="checkbox"/> No
	Are you prone to "binge" drinking?		<input type="checkbox"/> Yes <input type="checkbox"/> No
	Do you drive after drinking?		<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Tobacco</b>	Do you use tobacco?		<input type="checkbox"/> Yes <input type="checkbox"/> No
	<input type="checkbox"/> Cigarettes - pks./day	<input type="checkbox"/> Chew - #/day	<input type="checkbox"/> Pipe - #/day <input type="checkbox"/> Cigars - #/day
	<input type="checkbox"/> # of years	<input type="checkbox"/> Or year quit	
<b>Drugs</b>	Do you currently use recreational or street drugs?		<input type="checkbox"/> Yes <input type="checkbox"/> No
	Have you ever given yourself street drugs with a needle?		<input type="checkbox"/> Yes <input type="checkbox"/> No

<b>Sex</b>	Are you sexually active?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If yes, are you trying for a pregnancy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If not trying for a pregnancy list contraceptive or barrier method used:		
	Any discomfort with intercourse?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Illness related to the Human Immunodeficiency Virus (HIV), such as AIDS, has become a major public health problem. Risk factors for this illness include intravenous drug use and unprotected sexual intercourse. Would you like to speak with your provider about your risk of this illness?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Personal Safety</b>	Do you live alone?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have frequent falls?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have vision or hearing loss?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have an Advance Directive or Living Will?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Would you like information on the preparation of these?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Physical and/or mental abuse have also become major public health issues in this country. This often takes the form of verbally threatening behavior or actual physical or sexual abuse. Would you like to discuss this issue with your provider?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

### FAMILY HEALTH HISTORY

	AGE	SIGNIFICANT HEALTH PROBLEMS		AGE	SIGNIFICANT HEALTH PROBLEMS
<b>Father</b>			<b>Children</b>	<input type="checkbox"/> M	
				<input type="checkbox"/> F	
<b>Mother</b>				<input type="checkbox"/> M	
<b>Sibling</b>	<input type="checkbox"/> M			<input type="checkbox"/> F	
	<input type="checkbox"/> F			<input type="checkbox"/> M	
	<input type="checkbox"/> M			<input type="checkbox"/> F	
	<input type="checkbox"/> F			<input type="checkbox"/> M	
	<input type="checkbox"/> M			<input type="checkbox"/> F	
	<input type="checkbox"/> F			<input type="checkbox"/> M	
	<input type="checkbox"/> M			<input type="checkbox"/> F	
	<input type="checkbox"/> F				
	<input type="checkbox"/> M			<b>Grandmother</b> <i>Maternal</i>	
	<input type="checkbox"/> F			<b>Grandfather</b> <i>Maternal</i>	
<input type="checkbox"/> M			<b>Grandmother</b> <i>Paternal</i>		
<input type="checkbox"/> F			<b>Grandfather</b> <i>Paternal</i>		

### MENTAL HEALTH

Is stress a major problem for you?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you feel depressed?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you panic when stressed?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have problems with eating or your appetite?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you cry frequently?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever attempted suicide?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever seriously thought about hurting yourself?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have trouble sleeping?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been to a counselor?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**WOMEN ONLY**

Age at onset of menstruation:		
Date of last menstruation:		
Period every ____ days		
Heavy periods, irregularity, spotting, pain, or discharge?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Number of pregnancies ____ Number of live births ____		
Are you pregnant or breastfeeding?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had a D&C, hysterectomy, or Cesarean?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any urinary tract, bladder, or kidney infections within the last year?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any blood in your urine?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any problems with control of urination?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any hot flashes or sweating at night?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have menstrual tension, pain, bloating, irritability, or other symptoms at or around time of period?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Experienced any recent breast tenderness, lumps, or nipple discharge?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Date of last pap and rectal exam?		

**MEN ONLY**

Do you usually get up to urinate during the night?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, # of times ____		
Do you feel pain or burning with urination?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any blood in your urine?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you feel burning discharge from penis?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Has the force of your urination decreased?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had any kidney, bladder, or prostate infections within the last 12 months?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have any problems emptying your bladder completely?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any difficulty with erection or ejaculation?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any testicle pain or swelling?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Date of last prostate and rectal exam?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**OTHER PROBLEMS**

Check if you have, or have had, any symptoms in the following areas to a significant degree and briefly explain.

<input type="checkbox"/> Skin	<input type="checkbox"/> Chest/Heart	<input type="checkbox"/> Recent changes in: <input type="checkbox"/> Weight <input type="checkbox"/> Energy level <input type="checkbox"/> Ability to sleep <input type="checkbox"/> Other pain/discomfort:
<input type="checkbox"/> Head/Neck	<input type="checkbox"/> Back	
<input type="checkbox"/> Ears	<input type="checkbox"/> Intestinal	
<input type="checkbox"/> Nose	<input type="checkbox"/> Bladder	
<input type="checkbox"/> Throat	<input type="checkbox"/> Bowel	
<input type="checkbox"/> Lungs	<input type="checkbox"/> Circulation	

Primary Health & Wellness Centers  
Irwin Family Care

AUTHORIZATION FOR USE OR DISCLOSURE OF HEALTH INFORMATION

H  
I  
P  
A  
A

I \_\_\_\_\_ authorize Primary Health & Wellness Centers/Irwin Family Care to use or disclose health information as described below regarding my treatment, hospitalization, and/or care for my condition, which may include psychiatric impairment, drug abuse, and/or alcoholism, sickle cell anemia, sexually transmitted disease or AIDS or tests for or infection of HIV.

Patient Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Address: \_\_\_\_\_

Description of information to be used or disclosed, which could include all or part of the following:

- Face sheet
- Chart notes
- Discharge summaries
- Histories/ Physicals
- Consultations from other Physicians
- Operative Reports
- Pathology Reports
- Other (please specify): \_\_\_\_\_
- Additional Authorized Recipients(list names of family members/friends who can have access to information): \_\_\_\_\_
- Laboratory Reports
- Diagnostic Testing Reports
- X-Ray Films
- Entire Records
- Release of Information to Specialists/ Home Health
- Messages left on answering machine or voicemail

I understand that the information described above could possibly be re-disclosed by the recipient and no longer protected by the federal privacy regulations. The recipient may be prohibited from disclosing substance abuse information under the Federal Substance Abuse Confidentiality Requirements.

I understand that I have a right to revoke this authorization at any time. I understand that if I revoke this authorization I must do so in writing as described in the Primary Health and Wellness Centers Privacy Practices. I understand that the revocation will not apply to information that has already been used to disclose in response to insurance coverage, as the insurer has the right by law to contest a claim or insurance policy. Unless otherwise revoked, this authorization will expire upon transfer to records.

I authorize the information stated above concerning the federal HIPAA Privacy Rule and understand that all communication and information regarding HIPAA Privacy Rule will be in written form.

Signature of Patient or Legal Representative \_\_\_\_\_ Date \_\_\_\_\_

I have received a copy of the Notice of Privacy Practice as written by Primary Health and Wellness Centers.

Signature of Patient or Legal Representative \_\_\_\_\_ Date \_\_\_\_\_

If signed by legal Representative, Relationship to Patient \_\_\_\_\_ Date \_\_\_\_\_

Signature Witness \_\_\_\_\_ Date \_\_\_\_\_

# LIVING WILL DECLARATION

I, \_\_\_\_\_, being of sound mind, willfully and voluntarily make this declaration to be followed if I become incompetent. This declaration reflects my firm and settled commitment to refuse life-sustaining treatment under the circumstance indicated below.

I direct my attending physician to withhold or withdraw life-sustaining treatment that serves only to prolong the process of my dying, if I should be in terminal condition or in a state of permanent unconsciousness.

I direct the treatment to be limited to measures to keep me comfortable and to relieve pain, including any pain that might occur by withholding or withdrawing life-sustaining treatment.

In addition, if I am in the condition described above, I feel especially strong about the following forms of treatment: (please circle choice)

- |   |    |        |  |
|---|----|--------|--|
| I | do | do not | want cardiac resuscitation.  |
| I | do | do not | want mechanical respiration.   |
| I | do | do not | want tube feeding or any artificial or invasive form of nutrition (food) or hydration (water). |
| I | do | do not | want blood or blood products   |
| I | do | do not | want any form of surgery or invasive diagnostic tests.   |
| I | do | do not | want kidney dialysis   |
| I | do | do not | want antibiotics.  |

I realize that if I do not specifically indicate by preference regarding any of the forms of treatment listed above, I will receive that form of treatment. Other instructions:

- |   |    |        |  |
|---|----|--------|--|
| I | do | do not | want to designate another person as my surrogate to make medical treatment decisions for me if I should be in terminal condition or in a state of permanent unconsciousness. |
|---|----|--------|--|

Name and address of surrogate (if applicable): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- |   |    |        |   |
|---|----|--------|---|
| I | do | do not | want to make any anatomical gift of all or part of my body, subject to limitations, if any: |
|---|----|--------|---|

I make this declaration on the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Declarant's Signature: \_\_\_\_\_ Address: \_\_\_\_\_  
\_\_\_\_\_

The declaring or the person on behalf of and the direction of the declaring knowingly and voluntarily sign this writing signature or mark in my presence.

Witness's Signature: \_\_\_\_\_ Address: \_\_\_\_\_ Date: \_\_\_\_\_

I have **refused** filling out this living will: Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Primary Health and Wellness Centers  
Irwin Family Care  
Agreement to Participate in  
Surescripts

I, \_\_\_\_\_ agree to participate with Surescripts pharmacy services in providing and coordinating electronic prescription transmittal services between Primary Health and Wellness/Irwin Family Care and the pharmacy I select.

I understand the purpose of this agreement is to allow my physician to access information through Surescripts to be used in the coordination of my medical care and to allow the electronic transmission of prescriptions to and request from my pharmacy.

I understand this agreement will remain in effect for as long as I seek medical care with this practice and will terminate should I transfer my care, request termination of this agreement or after a period of three years without activity with this practice.

In order to receive prescriptions from any providers at Primary Health and Wellness/ Irwin Family Care this form must be signed.

\_\_\_\_\_  
Patient Signature

Date: \_\_\_\_\_

\_\_\_\_\_  
Witness Signature

Date: \_\_\_\_\_



# Primary Health and Wellness Centers & Irwin Family Care

905 Spruce St. Irwin PA, 15642  
410 Pellis Rd. Ste 1A Greensburg PA, 15601

## Consent and Treatment Agreement for the Treatment of Non-Cancer pain with controlled substances

(Please read fully and carefully before signing)

(Print Name) \_\_\_\_\_, agrees to the following:

1. I agree to obtain all prescriptions for controlled substances and pain medications from my Irwin Family Care/Primary Health and Wellness Centers Provider. I agree to properly store and safeguard these medications.
2. I agree to use only one pharmacy for the filling of prescription pain medications or controlled substances and to supply the name, address, and telephone number of this pharmacy.

(Pharmacy Info) \_\_\_\_\_

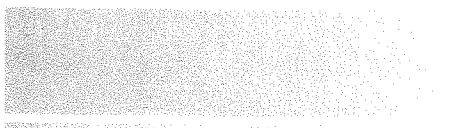
3. I agree to let my Provider and Irwin Family Care/PHWC to communicate with any physicians, insurance co., or pharmacist involved in my care regarding the use of controlled substances and/or pain medications.
4. I agree to take the medications only as prescribed.
5. I agree to follow the advice in regards to stopping pain medications should it be advisable.
6. I certify that I am not pregnant. I certify that I will use appropriate measures to prevent pregnancy during the course of my treatment with controlled substances/pain medications.
7. I understand that no allowances will be made for lost prescriptions.
8. I agree to undergo random drug screening and/or pill counting.
9. I will not share illicit drugs.
10. I understand there is the potential for addiction, dependency, tolerance, and possible withdrawal symptoms to occur with the use of some controlled substances.
11. I understand controlled substances and/or some pain medications can interfere with my ability to drive and operate equipment. I agree to refrain from driving when taking these substances. I also understand that I can be charged with "Driving Under the Influence (DUI)" when taking these substances.
  - A. I understand that Irwin Family Care/PHWC has an obligation to notify the Pennsylvania Department of Transportation at our discretion if this agreement is ever violated.
12. I understand that this mode of treatment will be stopped if any of the following occurs:
  - A. I give, sell, or abuse medications.
  - B. I am found non-compliant with any conditions of the agreement.
  - C. I develop rapid tolerance or loss of effectiveness of the agreement.
  - D. I obtain a controlled substance from sources other than Irwin Family Care/PHWC.
13. I agree to be referred to a pain management clinic and will do so at the discretion of my Provider.

I HAVE READ THIS AGREEMENT, UNDERSTAND IT, AND HAVE ALL MY QUESTIONS ANSWERED SATISFACTORILY. I CONSENT TO THE USE OF CONTROLLED SUBSTANCES AND/OR PAIN MEDICATION UNDER THE TERMS OF THIS AGREEMENT. I UNDERSTAND VIOLATIONS OF THIS AGREEMENT MAY RESULT IN DISCHARGE FROM THIS PRACTICE. THIS AGREEMENT REMAINS IN EFFECT AS LONG AS I AM A PATIENT OF THIS PRACTICE.

(Signature) \_\_\_\_\_ (Date) \_\_\_\_\_

(Print Name) \_\_\_\_\_ (DOB) \_\_\_\_\_

(Witness) \_\_\_\_\_



# Primary Health & Wellness Centers

Family Practice > Osteopathic Medicine > Geriatric Medicine > Occupational Medicine > Women's Care > Men's Health & Wellness Care & Treatment

Irwin Family Care  
905 Spruce Street  
Irwin, PA 15642  
724-864-9595

Family Practice  
410 Pellis Road Ste. 1A  
Greensburg, PA 15601  
724-838-7877

Primary Health and Wellness Centers will be implementing use of a **Patient Portal** through our EMR system. In order to gain access through this portal, we will need to collect an email address to attach to your chart.

**The patient Portal will allow patients to:**

- Request RX refill
- Request appointments
- View results
- And so much more!

Patients Name: \_\_\_\_\_ DOB: \_\_\_\_\_

I am authorizing Primary Health and Wellness Centers (Irwin Family Care and/or Family Practice) to add the following email address to my chart:

Email Address: \_\_\_\_\_

Patients Signature: \_\_\_\_\_